

## *Clinical Faculty*

**Ranier Adarve, DDS** – Protodontic Dentistry; Adarve Implants & Restorative Dentistry– Apple Valley, MN  
**John Castro, MD** – Cardio Vascular Surgery, CentraCare Heart & Vascular Center, St. Cloud, MN  
**Kristin Christiansen, MD** – Family Medicine, Park Nicollet Sexual Health Clinic, St. Louis Park, MN  
**Amy Ellingson, MD** – Allergy and Immunology, Willmar, MN  
**Rupert Exconde, MD** – Neurology – Noran Neurological Clinic, Minneapolis, MN  
**Gerome Escota, MD** – Infectious Disease, Barnes-Jewish Hospital, Washington School of Medicine, St. Louis, MO  
**David Fermin, MD** – Advance Heart Failure Cardiology, Spectrum Health, Grand Rapids, MI  
**Ronald Go, MD** – Hematology, Mayo Clinic, Rochester, MN  
**Dubert Guerrero, MD** – Infectious Disease, Sanford Health, Fargo, ND  
**David J. Jewison, MD, CAQSM** – Sports Medicine, Department of Orthopedics, University of MN  
**Mark H. Joven, MD** – Fellowship Training, Geriatric Medicine, Mayo Clinic, Mayo Clinic, Rochester, MN  
**Kyle Kircher, MD** – Family Medicine, Medica, Minnetonka, MN  
**Stefan Pomrenke, MD** – Family Medicine, University of Minnesota Physicians Bethesda Clinic, St. Paul, MN  
**Sigrid Precilla, MD** – Internal Medicine, Health Partners, Woodbury, MN  
**Bernard Quebral, MD** – Internal Medicine, Health Partners Clinic – Woodbury, MN  
**Elson So, MD** – Neurology, Mayo Clinic, Rochester, MN

## *Objectives*

~**Bernard Quebral, MD** – Discuss the ongoing preparation for the PMMA Medical Mission in Bataan, Philippines to be held in February, 2016; to identify the current needs of the recipient mission site; to discuss PMMA involvement in the completion of the hospital where the mission will be held; to enumerate the services offered during the mission trip; discuss the selection of members, specialties, and paramedical staff for the mission.

~**Dubert Guerrero, MD** – Summarize epidemiologic trends for CRE; Describe impact of CRE infections across the health care continuum; Describe strategies of prevention and control.

~**Amy Ellingson, MD** – To discuss and review current asthma management guidelines with focus on providing patients with asthma action plan; to examine and discuss the recommendations from the joint Task force practice Parameters: Management of acute loss of asthma control in the yellow zone.

~**Stefan Pomrenke, MD** – To identify Twin Cities Based resources to start the conversation; to understand ways to facilitate the community in efforts to develop advanced care planning.

~**David Jewison, MD, CAQSM** – To learn about common youth sports injuries; to identify common overuse injuries in the young athlete; understand treatment principles of common youth injuries in the young athlete.

~**Kristin Christiansen, MD** – In this presentation, we will cover a brief overview of male and female sexual dysfunction and contributing factors. We will also discuss recent developments in the treatment of sexual dysfunction.

~**Gerome Escota, MD** – to summarize the success in the treatment of HIV infection over 3 decades; to understand the challenges associated with the aging HIV-infected population and introduce the concept of “accelerated aging in this group of individuals; to characterize the important comorbidities that are now increasingly being seen in the aging-HIV infected population (cardiovascular disease, osteoporosis and fracture, non-AIDS defining malignancies, chronic kidney disease, liver disease); to offer recommendations for health care professionals who see older HIV-infected persons in the clinic.

~**David Fermin, MD** – To describe the natural history and pathology of hypertrophic cardiomyopathy; to understand the hemodynamic effects of left ventricular outflow tract obstruction, and the medical and surgical treatment of obstruction; to identify risk factors for sudden cardiac death in hypertrophic myopathy and guidelines for ICD implantation.

~**Ranier Adarve, DDS** – to be aware of the new innovations in dental prosthesis and restorative dentistry, the most common of which are dental implants.

~**Ronald Go, MD** – To know the common hematology tests performed in the community setting; to have an idea of the appropriate costs of these tests; to learn about tests commonly but unnecessarily performed in the evaluation of hematologic disorders.

~**Elson So, MD** – to assess the clinical and basic science advances in unraveling the mechanism involved in SUDEP; to identify SUDEP risk factors for appropriate intervention; to distinguish high-risk from low-risk patients; to know how to counsel patients about measures of avoiding SUDEP.

~**Rupert Exconde, MD** – the goals of treatments for epilepsy is decreasing the number of severity of seizures while minimizing potential side effects; to know the most common form of treatment involving medications that manage the symptoms of the condition. In understand that 1/3 of cases where medications do not adequately control seizures, epilepsy surgery, special diets, and implantable devices may be considered. The aim of this lecture is to review the currently available treatment options of epilepsy.

~**John Castro, MD** – To discuss indications for Transarterial Aortic Valve Replacement (TAVR); to discuss alternatives to high risk aortic valve replacement; to discuss the experience of a new TAVR program center.

### *Moderators*

Theresa Kalugdan, MD – Family Medicine, Health East Clinic, Woodbury, MN  
Nancy Padernal-Walters, RN – Adult Home Care Field Nurse – Plymouth, MN  
Jocelyn Quebral, RN – Health Partners Corporate offices, Bloomington, MN  
Graciela Aviles, RN – Home Health Care; Eagan, MN

### *Accommodation*

A block of rooms has been reserved at a special rate at the Kalahari Resort & Convention Center, Wisconsin Dells, WI. To avail of the group rate, please call Group Reservations at 1-877-525-2427 or 1-855-875-7773 and identify yourself as attending the Philippine-Minnesotan Medical Association conference.

### *Audience*

This conference is designed for physicians, medical providers and paramedical professionals in primary care.

### *Accreditation*

This activity has been applied for 10 prescribed credits by the American Academy of Family Physicians.

### *Disclosure Policy*

The content and views in this educational program are those of the faculty and do not necessarily reflect those of the sponsoring organization – the Philippine-Minnesotan Medical Association. This program is in complete compliance with the American Council for Continuing Medical Education (ACCME) standard of commercial support.

### *Continuing Medical Education Committee*

Drs. Dan Trajano, Purisimo Lucas, Noe Mateo, Jonathan Sembrano, Joseph Kalugdan, Bernard Quebral, Ed Santos, Maria Lapid, Sigrid Precilla.



*“Tinigling” Dance - Future PMMA Leaders*