

Faculty

Oliver Ang, PT – Physical Therapy and Rehabilitation; University of MN, Minneapolis, Minnesota

Leslie Baken, MD – Infectious Diseases; President, Medical Staff, Park Nicollet Health Services and
Methodist Hospital, St. Louis Park, Minnesota

Ramona de Jesus, MD – Internal Medicine; Mayo Clinic, Rochester, Minnesota

Ruben Fermin, MD – General Surgery; Hudson, Wisconsin

Rufino Festin, MD – Cardiology; Park Nicollet Heart and Vascular Center, St. Louis Park, Minnesota

Frances Go, MD – Child and Adolescent Psychiatry; Allina Health, St. Paul, Minnesota

Joseph Kalugdan, MD – Family Practice; HealthPartners Cottage Grove, Cottage Grove, Minnesota

Jeffrey Luna, MD – Orthopedics; Trinity Regional Medical Center, Fort Dodge, Iowa

Noe Mateo, MD – Consultant, Department of Infectious Diseases; Regions Hospital, St. Paul, Minnesota

Nadine Maurer, MD – Chairman, Physical Medicine & Rehabilitation Department; Park Nicollet, St. Louis Park,
Minnesota

Ashok Patel, MD – Pulmonary Medicine; Mayo Clinic, Rochester, Minnesota

Sigrid Precilla, MD – Internal Medicine; HealthPartners Woodbury, Woodbury, Minnesota

David Ridley, MD – Rheumatology; St. Paul Rheumatology, Eagan, Minnesota

Dan Trajano, MD – Senior Medical Director for Quality and Population Health; Park Nicollet, St. Louis Park,
Minnesota

Benjamin Tuy, MD – Orthopedics; Unit Point Clinic Orthopedics, Trinity Regional Medical Center, Fort Dodge, Iowa

Objectives

- To discuss the management of Acute Low Back Pain.
- To emphasize the importance of the treatment of Clostridium difficile infections.
- To provide a report on the Medical Mission in conjunction with the island-wide program to eliminate hunger among the starving children in Marinduque, Philippines.
- To identify the more common Injuries in Sports Medicine.
- To guide the general practitioner in Physical therapy and exercises for Low Back Pain.
- To discuss any questions related to Gouty Arthritis.
- Review and discuss the recent pediatric immunization guidelines, and to address common questions from parents.
- To increase awareness of incidence of soft tissue and skeletal tumors and to determine proper work- up and management.
- To discuss the main macroeconomic drivers of health care reform, namely 3 provisions of the affordable care act; Describe how health care reform will affect primary and specialty care in the next several years.
- To update the practitioner in the diagnosis, treatment and management of adolescent depression
- Discuss adult depression and the DIAMOND program here in Minnesota
- To highlight common etiologies, review basic pathophysiology and key clinical evaluation pearls of Congestive Heart Failure with a focus on national heart failure guidelines.
- To educate the primary care provider about Pulmonary Pearls.



Moderators

Stephen Mercado Austria, PT – Institute for Athletic Medicine, Highland Park, Minnesota

Amy Ellingson, MD – Allergy and Immunology; Allergy and Immunology Clinic, Willmar, Minnesota

Zaida Lumibao, RN – Cardio Vascular Floor, Regions Hospital, St. Paul, Minnesota

David Ong, DDS – Silver Lakes Family Dentistry, New Brighton, Minnesota

Winnona Palo, RN – CV Surgical ICU, North Memorial Medical Center, Golden Valley, Minnesota

Accommodations

A block of rooms has been reserved at a special rate at the Breezy Point Resort, Breezy Point, MN. To avail of the group rate, please call Group Reservations, Sylvia Swanson at 1-800-432-3777 Ext. 7176 and identify yourself as attending the Philippine-Minnesotan Medical Association conference.

Audience

This conference is designed for physicians, medical providers and paramedical professionals in primary care.

Accreditation

This activity has been applied for 10 prescribed credits by the American Academy of Family Physicians.

Disclosure Policy

The content and views in this educational program are those of the faculty and do not necessarily reflect those of the sponsoring organization – the Philippine-Minnesotan Medical Association. This program is in complete compliance with the American Council for Continuing Medical Education (ACCME) standard of commercial support.

Continuing Medical Education Committee

Drs. Dan Trajano, Purisimo Lucas, Noe Mateo, Jonathan Sembrano, Joseph Kalugdan, Bernard Quebral, and Ruben Fermin.

